

FREE

eyemou**th**living

Your local community magazine

November 2024



Remembrance Issue

welcome

Welcome to the November issue of *Eyemouth Living*. As the winter nights draw in November is traditionally a month of remembrance and reflection. In this month's issue we are not only remembering those who lost their lives during the two world wars but also a group of Eyemouth pupils who, at the end of the second world war, were inspired by a BBC broadcast on their brand-new radio set to produce a snapshot of life in Eyemouth at that time. It is amazing that the scrapbooks have remained in the town and we hope that you find them as fascinating as we have and are looking forward to revealing more of their contents to you all over the coming months. If you are interested in local history, you might like to take a look at a collection of home movies held by the National Library of Scotland. These were originally filmed by Rev. James Massie Milne who was minister at the Congregational Church in Eyemouth 1947–1964. You can find them at: <https://movingimage.nls.uk/film/7953>.



In the meantime, don't forget to put on your hats and coats and head outside to enjoy the winter weather— maybe followed by a bowl of delicious Cullen Skink (page 5). Why not go for a walk or enjoy a wander round the town at the late-night shopping event?



Pick up points for the magazine in Eyemouth are currently: Community Centre, Mason's Hall, EU Church, The Pet Shop, Beachcomber, The First and Last, FMA, ReTweed, Waterfront Cafe, Oblo, Larder, Petrol Station, Swimming pool/Leisure Centre, Library, BAVS shop, Coop, General Store, Swan Court, Linkim Court. We also distribute to: Ayton, Reston and Coldingham village shops.

You can also view the magazine at: <https://www.eyemouth.org/magazine>



contents

U3A.....	4
Abundant Borders Recipe: Cullen Skink.....	5
Eyemouth Primary School: Pasta Passion	6
Splash: Larder	7
Wildlife Notes	8
Gardening Notes	10
Splash: Airfryer Course.....	12
Splash: Soup-per Saturday.....	13
Library and Book News.....	14
Abi & Kathy Discuss the Northern Lights.....	16
Splash: Brunch Hub.....	17
History: The Eyemouth High School Scrapbooks	18
Splash: Womens Group.....	20
Local MP Info.....	21
Rotary: Cycle Sportif.....	22
Remembrance Day.....	24
Eyemouth High School: The Changing Seasons.....	26
International Tongue Twister Day	28
Whats On.....	29

Compiled by Jackie, Jo, Joanna, Lella and Susie.
Magazine contact: livingmagazine@eyemouth.org

If you would like to promote your commercial business by placing an advert in the magazine our rates are as follows:

Full page (portrait size)	£100.00
Half page (landscape size)	£50.00
Quarter page (portrait size)	£25.00
Eighth page (landscape size)	£10.00

Community and volunteer groups are promoted free of charge.

Please contact us at: livingmagazine@eyemouth.org



u3a

We enjoyed a very interesting and informative first Open Meeting of the season with an illustrated talk on Tin Tabernacles by the extremely knowledgeable local historian Sandra Gann. The meeting was well attended despite the wild and windy weather. Nearly all our regular interest groups are now up and running, please check our website <https://eastberwickshire.u3a.uk> for more details. The year is fairly speeding by and plans are well advanced for our Christmas lunch on December 5th. However, before that we have another Open Meeting on Wednesday, November 13th. This will be a presentation by Bob Gothorp, Sustainability Manager, Simpsons Malt and will cover the history, organisation and operations of the maltings in Berwick and their ongoing sustainability strategy. As usual it will be held at 10.30am at the Eyemouth Community Centre (refreshments from 10am).

It's never too late to join and live, laugh and learn with like-minded local people. Contact the membership secretary at the web site above ... or better still join us at one of our free Open Meetings.



Note for the diary:
Our December Open Meeting is on Wednesday 13th: an illustrated talk by Richard Blake on 'Sugar, Slaves and High Society'.

abundant borders recipe

Cullen Skink

This hearty warming soup is perfect for lunch or supper on a dank November day!



CULLEN SKINK

Ingredients:

- 700ml milk
- Small handful flat leaf parsley (leaves and stalks separated), chopped
- 1 bay leaf
- ½ kilo smoked haddock fillet (not dyed)
- 65 gms low fat spread
- 1 medium onion (finely chopped)
- 250 gms mashed potato (leftover or cooked)
- Pepper to taste

Method:

1. Pour the milk, parsley stalks, bay leaf, and haddock into a large, roomy saucepan
2. Bring the milk to a gentle boil and simmer for 3 minutes
3. Remove the pan from the heat and leave for 5 minutes for the herbs to infuse their flavour into the milk
4. Remove the haddock from the milk with a slotted spoon and put to one side
5. Strain the liquid through a fine sieve and reserve the herb-infused milk
6. Heat the low fat spread in another, smaller saucepan. Add the onions and cook gently until translucent - about 5 minutes. Be careful not to burn them
7. Add the milk and the potato to the onions and stir until incorporated and a thick, creamy consistency
8. Flake the smoked haddock into meaty chunks, taking care to remove any bones you may find and add to the soup
9. Add the chopped parsley leaves to the soup and bring to a gentle simmer and cook for a further 4 to 5 minutes. Do not over stir. If over stirred then you will break up the fish too much
10. Taste the soup and pepper as needed
11. Serve hot with crusty bread



Abundant Borders (SC049008)
web - abundantborders.org.uk & facebook.com/abundantborders
contact: robin@abundantborders.org.uk



Pasta Passion

This event, hosted by Splash on October 8th and 9th at Eyemouth Primary School, brought together pupils from P1 to P7 and some parents for a unique culinary experience. Over the two days, 11 local businesses and organisations joined to encourage skill building and community spirit.



The event began with a safety video on proper vegetable chopping techniques, ensuring children could participate safely. Guided by three

young volunteers from Splash, pupils engaged in chopping, grating, and cooking various pasta dishes. This hands-on approach not only taught them valuable cooking skills but also emphasised teamwork and safety.

Jim and Judith Hettrick from Eyemouth Rotary played a pivotal role by demonstrating how to make pasta from scratch, adding an educational dimension to the event. Pupils eagerly returned to their

cooking stations to not only enjoy their creations but also sample dishes made by other groups, encouraging a sense of sharing and collaboration.

The event's success was a testament to the strong community involvement, with contributions from the following businesses and organisations:

- Jemma Landels – Occasions Florists
- Douglas Stewart – RNLI
- Sally Flemming – Field to Fork
- Nye Harvey-Waugh – Oblo
- Jim and Judith Hettrick – Eyemouth Rotary

Jennifer Mitchison and Katie Gilchrist – BHA

Emma Windsor – Eyemouth Harbour Trust

Lianne Drummond – Berwickshire Swap

Mary-Lou Watt – Splash volunteer

Justyna Duncan – parent.



The Pasta Passion Event highlighted the importance of practical learning, allowing children to acquire a variety of skills while building confidence and interactive connections. By promoting a collaborative environment, it reinforced



community bonds and showcased the power of collective effort in educational initiatives. The event not only equipped all of the pupils taking part with new skills but also strengthened the community's commitment to nur-

turing its youth through engaging and educational experiences.

Huge thanks to everyone involved in the event, with special thanks going to the incredible canteen staff, Roy the caretaker and Jennifer Girrity for support in planning the event.



wildlife notes

“Winter is not a season, it’s a celebration”

Anamika Mishra

Our coastline is the place to be as the year comes towards winter. Not only is it a great opportunity to get out those favoured woolly hats and scarves for a bracing wander, but there is always the chance of seeing something a bit different. As birds come into the U.K to feast on nature’s bounty of berries, and the Grey Seals return to pup around the coast, it’s a magical time and one to embrace with a warm flask of soup in the backpack and a piece of Parkin.

Grey Seals (*above right*) will start appearing around our coastline from the middle of October. They will have spent the Spring and Summer further south, following the fish stocks as the females get bigger and bigger, building up fat reserves in preparation for giving birth. Many of the coves from St Abbs village going north will have returning seals, where the females will give birth to a single pup. It will feed on its mother’s milk for up to 18 days, at which time the female will not feed herself, relying on her fat resources (*right*). This process of energy transfer sees the pup gain about 2kgs a day. The pups look white and furry at this stage.

Totally exhausted, the mums eventually return to the water and leave the pups to fend for themselves. They spend the next 3 weeks playing about, sleeping and enjoying life on those built-up fat reserves in ‘weaner pods’. They start to lose their furry coats and begin to look more like adult seals (*left*), to the point where hunger and the urge to enter the water kicks in.

It’s not all plain sailing as mixed into all this will be the adult males who will be defending territories and trying to mate with the females again (after they have given birth). Mortality of seal pups is high – about 30% so it’s not an easy introduction to life.



wildlife notes

It’s essential that this wonderful episode in our local wildlife calendar is allowed to take place without disturbance from ourselves. Never get too close to seals, 100m plus is a good distance and always keep dogs on leads. Binos, cameras and scopes come in handy, and you can get wonderful views without getting too close. Unfortunately, seal pups can be abandoned by their mothers in the feeding stage if

Fieldfare



Waxwing



disturbed and chance of survival then is minimal. More information on how to respect and protect our seals can be found from The Seal Alliance, Seal Research Trust and the National Trust for Scotland locally.

It’s not just the grey seals that will bring fantastic moments over the next few months. From the warmth and comfort of your homes, you may see more Robins and Blackbirds in your gardens as

European birds look to escape the harsher winters abroad. Look out for Redwings and Fieldfares as they strip the Rowans and Hawthorns and if you are very lucky, Waxwings! Last year, there was a big influx into the U.K in November so look out for these beautiful winter visitors.

Chaffinches and Bramblings

Across farmlands, flocks of Goldfinches, Chaffinches, Redpolls and Bramblings will be making the most of stubble fields so keep those eyes peeled when you’re out and about – and DON’T forget that bobble hat!

David Lewis, NTS Ranger Team, St. Abb’s Head NNR



gardening notes

Greenhouses

Greenhouses are a wonderful addition to any garden. They don't need to be as enormous as this beauty in Glasgow to be useful.

Greenhouses have been around for a very long time, allowing gardeners to prolong the growing season and to produce exotic fruits.

The sun's rays can pass into the greenhouse

through the glass where they heat up the interior. The glass then prevents the heat from escaping again. Good ventilation is needed in summer to prevent the inside getting too hot and some greenhouses have additional heating to maintain the warmth through the coldest winters. Heaters which use fossil fuels such as gas or oil also provide the plants with extra CO₂ which allows the plants to grow much faster. However even in Scotland it

is advisable to screen the glass in mid-summer to prevent over-heating and scorching. This can be done by painting the glass with a white paint or installing protective blinds. Bubble wrap can be used to screen the sun in summer and as an insulating layer in winter to prevent frosts.

Because of the warm and moist conditions in a greenhouse, moulds and diseases also thrive so care must be taken with hygiene.

Water should not be allowed to stand in puddles and any dead material needs to be removed immediately. Light cleaning should be done regularly but at least once a year the greenhouse needs a really thorough clean. This applies to the outside of the greenhouse too where moss and algae can prevent the sun getting in.

All the plants will need removing and storing in a safe place, protected from cold. Next remove any pots, matting and equipment including shelving if possible. Sweep all areas especially corners and hose out any debris. Then



gardening notes

it all needs a good scrub. Glass needs cleaning inside and out especially if you had painted the roof through the summer. Even polytunnels or Perspex need washing but with extra care. Special cleaners can be purchased but think about where the waste water will run off to and the damage it may cause. Soap such as washing up liquid should be sufficient and warm water helps too. Don't forget the gutters and downpipes and any water butts need to be drained and scrubbed out once a year.

Now is a good time to check and mend any fixtures or fittings. Start monitoring greenhouse temperatures with a Max/Min thermometer and turn on the heating if needed.

Use your greenhouse to continue enjoying gardening throughout the winter by planting up some cyclamen with hardy ferns and late-winter bulbs. Lemons are surprisingly tough and can withstand temperatures down to freezing. In order to produce flowers and fruit they need at least 10°C but they make your greenhouse look and smell wonderful.

Create a pretty sempervivum pot (house leeks) using gritty compost and small ornamental stones (*right*). This can be moved outdoors over the summer.



Other things needing doing in November.

Plant garlic, onions and shallots but protect them with fleece when it turns really cold.

Prune fruit bushes whilst they are dormant from now until March, removing any dead or diseased wood. Take cuttings from healthy stems.

Cut autumn fruiting raspberries down to just above the soil.

Continue harvesting carrots, cabbages, Brussels sprouts, celeriac, celery and cauliflower.

Tulip bulbs should be planted now.

Caroline Lathe (Ayton Gardening Society)

splash

Multiply 6-week Airfryer Course

Splash recently secured funding from Multiply to fund a 6-week Airfryer course and were delighted when Abundant Borders agreed to run the course.

8 participants attended the sessions cooking up some fantastic meals and snacks, from quiches and cauliflower bites to sausage rolls and courgette fritters.



“Our 6 weeks Airfryer course funded by Multiply consisted of learning how to use an Airfryer alongside some basic Mathematics skill building. In each session participants made one or two different recipes using skills like scaling out, measuring, dividing, cutting into equal pieces etc. The sessions were delivered in a small group, in a relaxed and fun environment with lots of delicious food shared at the end.”

Sabrina, Abundant Borders

Participants attending the course felt they had learned a lot over the 6-week course and fedback how much more confident they are to experiment with cooking in their Airfryers, which were supplied by Splash thanks to the funding received.



“The Airfryer course was so much fun! Sabina and Kathleen were both very helpful, friendly and never rushed you but always made sure nobody was left behind or confused about what to do next. The recipes were easy to follow and I tried things I wouldn't have thought to even try and everyone was made to feel welcome.”

LS, participant



splash

SOUP-ER SATURDAY

£4

SOUPER SATURDAY DATES
12TH OCTOBER
16TH NOVEMBER
18TH JAN

HOME MADE SOUP AND A ROLL

TEA AND SCONES

TOMBOLA & BAKE SALE

MASONS HALL
12PM TILL 2PM


Soup-er Saturday will raise funds for our community projects.









RN I:D Supporting people who are deaf, have hearing loss or tinnitus



GET HELP WITH NHS HEARING AIDS

Visit a free drop-in session, and our friendly volunteers can help with:

- Tube replacement, cleaning and general maintenance
- Information on managing hearing aids
- Replacement batteries



Eyemouth Library
10am till 12pm
Third Friday of the month
(starts July 2023)

0808 8080123
www.rnid.org.uk/about-us/contact-rnid

Rnid.org.uk/NearYou

book news

Library opening times:

Monday 10am–1pm, 2–5pm, Thursday 10am–1pm, Friday 10am–1pm, 2–5pm.

Irresponsible Adult by Lucy Dillon

Sisters Cleo and Robyn may be close in age but their attitudes to life could not be further apart. While Cleo's a fully-fledged adult with a family, a business and a signature scent, Robyn is still waiting for the instruction manual to Adult Life and success is keeping her houseplant alive. Skating by at her job as an estate agent, she's adept at avoiding housework, ignoring admin, and evading her mother's anxious questions about her love life. But then Robyn's fired in the most publicly humiliating way imaginable – and her chaos catches up with her.

Although Cleo steps in to give Robyn a temporary job in her cleaning firm, it comes with very firm Robyn must BEHAVE RESPONSIBLY. And that includes meeting the high standards of Jim, her enigmatic supervisor. But when Robyn learns to navigate the catastrophic kitchens and judgemental dogs of total strangers she learns some unexpected truths about her own messy world. No one's life is spotless...

Is it time – finally – for everyone to stop sweeping their secrets under the carpet?

This is a lovely story about a family and how they come together and learn together. I really enjoyed it and it's another great read from Lucy Dillon.

Joany Cook



Library News for November

Bookbug is every Tuesday at 11am.

Lego Club every second and fourth Friday of the month, drop in 2–4pm

The Walking Bookclub has moved to the second Tuesday of the month.

Meet at the library at 2pm.

Hearing Aid clinic the third Friday of the month, 15th November, 10am–12pm.

abi & kathy

Abi and Kathy discuss the Northern Lights

It's October, the sea has calmed down and the wind has finally dropped. Abi and Kathy are on their favourite bench.

Abi: Did you see the Northern Lights the other day? I could see them from my front door. I went with himself up the new Harbour Road to get a better view. It was stunning, nearly 180 degrees of the lights. The pictures people took were amazing.

Kathy: Yes I saw them. When I lived further north they were known as the *Na Fir-chlis* – the merry dancers or Nimble folk. It was, I think, Scottish Gaelic folklore. The Lights were described as epic fights among sky warriors or fallen angels. My mother told me this story about the angels who were cast out of heaven and fell to earth in the time before time. Those who fell to the land became the Sith.

Abi: The Sith from Star Wars?

Kathy: No! The fairy race. Anyway those who were dashed on the rocks became echoes, and can still be heard when the waves are quiet; those who landed in the churning sea became seals, or the selkie folk; and those who remained in the sky became the Nimble Folk of *Na Fir-chlis*, the Northern Lights.

In the dark half of the year, the Nimble Folk come forth to hold their merry dances. Fairy pipers play enchanting music as the Nimble Folk whirl and prance and leap across the skies, lighting it up with all kinds of colours. It is the most wondrous thing you ever did see.

Abi: Well you can say that again. It was wondrous. Never thought I would see them from my doorstep in Eyemouth – fancy a coffee?

And off they went wondering about the Nimble Folk and the Northern Lights you would not expect to see from your doorstep.

With thanks to <https://weewhitehoose.co.uk/library/the-tale-of-the-nimble-folk/>



splash



SPLASH BRUNCH HUB

Eyemouth Community Centre. Every Thursday 10.30 - 1.30



Christmas Lunch
Bookings are now being taken
for our Christmas lunch on
Thursday 12th December.

£5 per person
Book at the Brunch Hub



history

The Eyemouth High School Scrapbooks

One day in 1944 Miss Margaret Chrystie, a history teacher at Eyemouth High School, sat with her second year class listening to a BBC Schools radio programme called In Our Parish. The programme encouraged teachers and pupils to find out as much as they could about the history of their parish. Miss Chrystie decided to take up the BBC's challenge but little did she think that the results of their efforts would make fascinating reading for the next eighty years!

Her pupils (average age 13–14 years) didn't have the advantage of the Internet or modern technology. They were allowed out of school to interview local people about the past and recorded their information with notebooks and pencils. They consulted ancient history books from Coldingham Priory and Eyemouth library, articles from the Berwickshire Naturalists, old documents from the Home and Sandison families, paintings and maps. The result was *The History of Eyemouth 1944*. Information gathered was handwritten in neat cursive script and pasted on to large sheets of paper. All illustrations and maps were drawn by the pupils on smaller pieces of paper, signed by the pupils and glued into place. The finished result was a 'scrapbook'.



The pupils enjoyed these history lessons. So, the following session, Miss Chrystie decided her second year class would record the names and stories of Eyemouth men and women who had been the first to invent, use, introduce or experience something noteworthy. First of all the pupils set off to ask local

history

people, "Who do you think were the pioneers of Eyemouth?" Mr R McIvor, local chemist and photographer (and an Eyemouth Pioneer in his own right, *far left*), was able to provide some photographs and, once again, maps, diagrams and illustrations were painstakingly produced by the pupils. Each pioneer was allocated two pages: one page was for the handwritten information and the other was filled with colourful illustrations. The pupils identified 130 pioneers who had lived in Eyemouth between 1702 and 1946. A surprising number for one of the smallest parishes in Scotland!

The BBC were so impressed by the pupils' efforts that they decided to pay for the cost of binding the sheets into two large books, *The History of Eyemouth 1944* and *The Pioneers of Eyemouth Parish 1945–46*. The BBC then exhibited the books all over Scotland as examples of good practice. Later, local people could view them by paying 3 pence a time!



For many years the 'scrapbooks' were an important source of local information for teachers and pupils but by 1980 they were suffering from wear and tear. Eyemouth Museum came to the rescue. In 1983 all the pages from the original books were photocopied in black and white and re-bound. Two copies were made of each book. The museum organised a get-together (*right*) for eight of the twenty-two pupils still alive, who had produced the books. One set of books is kept in the Eyemouth High School archive: the other set, along with the original books, are kept in Eyemouth Museum archive.



In future editions of *Eyemouth Living* I would like to share with you information about some of our 'pioneers'. The first will be William Crow of Netherbyres who, in 1747, designed and raised the money to build Eyemouth's first pier which turned the river mouth into a harbour and brought prosperity to the town.

Fay Waddell

splash

SKILL

CHILL

CHAT

Splash

**SKILL, CHILL, CHAT
WOMEN'S GROUP**

WE MEET EVERY TUESDAY AT THE MASONS HALL 1PM - 3PM
Ladies, if you live in Eyemouth and the surrounding area and would like to meet new friends and learn new skills come along and join us. November activities include making home remedies and Christmas wreaths

Rachael Hamilton MSP
Member of the Scottish Parliament for Ettrick, Roxburgh and Berwickshire constituency

The Scottish Parliament
Pàrlamaid na h-Alba

If there are any issues that I can help you with, please don't hesitate to get in touch.

☎ 01573 224862

@ rachael.hamilton.msp@parliament.scot

✉ 7 Abbey Court, Kelso, TD5 7JA

🐦 @rachael2win

📘 /Rachael2Win

The cost of this publication has been met from parliamentary resources. The SPCB is not responsible for the content of other internet sites.

John Lamont MP

Member of Parliament for Berwickshire, Roxburgh and Selkirk

6 ways to contact John

☎ 01450 375948

✉ john.lamont.mp@parliament.uk

📍 25 High Street, Hawick, TD9 9BU

🌐 johnlamontmp

📺 John2Win

📘 JohnLamontBorders

Working hard for the Borders, all year round

The costs of this publication have been met out of parliamentary resources.



Eyemouth Rotary Sportif

Sunday September 29th dawned early for members of Eyemouth Rotary. It was still dark when we arrived at Eyemouth High School to set up registration for our Cycle Sportif event. 12 hours later we left the School with big grins as the event was a great success.

This is the first one we had ever done but with some excellent help from Puffin Cycling Club and Malawi Fruits Charity, we were onto a winner. Malawi Fruits are a Scottish Charity that was established in 2011 to work with our partners in Malawi to establish and grow sustainable community businesses in the north of Malawi. They have worked with Rotary Clubs on numerous Cycle events, so we were pleased to work with them on our own Eyemouth Rotary Sportif.

The event was over two routes, one of 70 miles and the other 40 miles long. Both routes started and finished at the High School and had a lunch stop at Abbey St Bathans. The routes were challenging each in their own way with one climbing over 1,500 feet.

We had 100 cyclist taking part. The money raised is to be divided between Malawi Fruits, Prostate Scotland and Eyemouth Rotary.

We would like to thank all those who helped us by preparing soup,



Start line

sandwiches and cake, those who gave their time to help us marshal the event, the janitors at the High School, and all who did a lot of the background work. You know these things never ‘just happen’. We cannot Thank You enough.

The feedback that we have had is fantastic. Some of the feedback is as follows:

Mark said “Especial thanks to all the volunteers standing at the junctions for hours. Riding was the easy part – well not easy a pretty challenging route!”

Pease Bay



David said “What a fantastic event. Very well sign-posted, fabulously marshalled, every marshal where they were needed, everytime you would have had to make a decision someone was there to point you in the right direction. A fantastic effort by everyone involved. I’ll definitely be back next year.”

Shirley said “Thank you to the organisers and volunteers for a first class sportive. Great route, good food stop and lovely soup and cake at the end. The weather was perfect. Well done I really enjoyed it and look forward to next year.”

We are looking at running this again next year in August 2025.

Watch this space.

(Information about Malawi Fruits can be found at <http://malawifruits.org.uk>)

Denis at Abbey St Bathans



remembrance day

Remembering Them: the Men of the Royal Naval Reserve, Trawler Section

At this time of year, we remember the men and women of our Armed Forces who lost their lives in two World Wars and conflicts since 1945. We also remember ‘civilians’ who died. Every city, town and most villages have a War Memorial. The Eyemouth Memorial records the names of members of the Armed Forces and four ‘Fishermen’. As with other fishing communities, the Eyemouth Memorial includes the names of 24 men of the Royal Naval Reserve, Trawler Section (RNRTS). They are listed as ‘Skipper’, ‘Mates’ and ‘Seamen’.

The RNR was established in 1859 as a force of seamen and men from deep-sea merchant ships who could be called upon during times of war or crisis to supplement the Royal Navy. By 1890 there were 20,000 men in the RNR.

The Trawler Section of the RNR was founded in 1912 and numbered only a few hundred men in 1914. Engaged in mine sweeping, anti-submarine work and convoy escort duties the Section also escorted local fishing fleets. The Section grew to over 55,000 personnel plus sailors from other branches of the Royal Navy. As well as requisitioning civilian fishing vessels the Admiralty had its own constructed! At the start of the War all men were ‘volunteers’. With the coming of Conscription in 1916 fishermen were allowed to continue until they were called up by the Government. The fishing fleets had to be protected as the produce of the sea was vitally important as a food source for a nation experiencing problems with food production and agriculture.

In the Second World War 260 trawlers were lost in action from the northern seas of Norway to the eastern seaboard of North America, the Far East, Africa and the Mediterranean. Enemy aircraft added to the peril of mariners and the trawler *Fortuna*, for example, was sunk by aircraft off St Abbs Head in April 1941.

Many men were lost to mines, submarines, aircraft and the ever-present dangers of the sea. Service with the RNRTS was not regarded with the same status as that in destroyers, cruisers and battleships and the con-

remembrance day

tribution of these men has been sadly neglected in the history of the two World Wars. Many men have no known graves but the sea.

There are over 148,000 service records for the period 1860–1950, including those on the Eyemouth Memorial. They can be searched online. The records mainly cover the period of the First World War.

David Littlewood
Upper Burnmouth



Postscript

An article in the *Berwickshire News* for 3 October 2024 mentioned the attempts of a James (Jim) Windram Dougal (age 96) to trace information about his grandfather, George Dougal (one of the survivors of the Eyemouth Fishing Disaster) and his maternal grandfather, James Windram, RNRTS, who lost his life in May 1918 in the sinking of HM Minesweeper *Blackmorevale*. This early Hunt-class minesweeper was mined and sunk off Montrose. 25 other crew members were lost including the skipper, Temporary Lieutenant George Hall of West Hartlepool.

I do hope this is of some interest at ‘Remembrance Time’.



eyemouth high school

The Changing Seasons

Living in the Scottish Borders, we should not expect a smooth transition from our (not so) sunlit summer days into a relaxing, bitter-cold winter filled with crisp blue skies and fluffy snow. Instead, it is an ultimate guess on if our days are going to be attacked by pouring rain, or a scorching sun – and we saw this exactly happen on our Duke of Edinburgh expedition.



For a quick summary, Duke of Edinburgh is an award typically taken by young people across the UK, and is split into four sections – a sport, voluntary work, a skill and of course, the most popular section, the expedition. A group of S4 students had to face this phenomenon of weather when they embarked on both their training and qualifying expedition – in August, the stereotypical ‘warm month’, the time to reminisce on a summer well spent, was constantly covered in rain. And let me tell you, having to cook pasta in practically hail is not the most enjoyable experience for a shivering 14-year-old!

In regards of the qualifier, which took place in mid-September, the weather was much more forgivable, but still unpredictable. Stocked up with waterproofs and extra layers, the groups had to hike in 20° weather across several vast hills, which had been the exact opposite on what the plan had been for that autumn.

Now that the weather has (finally) transitioned into the perfect, bitter autumn where the leaves have adapted into their glowing yellows and oranges, we now all wonder how the winter shall react – will it be frosty and chilled like we hope it be, or just another repeat of early



eyemouth high school



spring? With the upcoming winter, the school focuses on all the festivities that take place in the season. Of course, there is the Christmas showcase and various dances that happen around those weeks, but then the ominous calling of prelims for Senior students over the winter holidays also occur suddenly. Winter

is always a mad rush around the school, filled with end of topic tests and overdue homework – so are we really in much of a rush for it to arrive?

Freya Morton, pupil



tongue twisters

International Tongue Twister Day – Sunday 10th November

Every year on the second Sunday in November, International Tongue Twister Day celebrates this alliterative sequence of words that are both fun and challenging to say. It's also a day to learn some new tongue twisters.

Can you guess what the most difficult tongue twister is to say? It doesn't have anything to do with Peter Piper picking pickled peppers, nor is



it about selling seashells by the seashore. It doesn't even ask the question, "how much wood would a woodchuck chuck if a woodchuck could chuck wood?" The most difficult tongue twister is actually "The sixth sick sheikh's sixth sheep's sick." Another really hard one, according to researchers at MIT is, "Pad kid poured curd pulled cod." Say any of those tongue twisters 10 times, and you have accomplished a major feat!

Besides being fun to say, tongue twisters offer these benefits:

- They strengthen the muscles used for speech, which leads to clearer pronunciation and speech patterns.
- Tongue twisters highlight which sounds are difficult for you to say so that you can work on those sounds.
- They are a great warmup exercise before giving a speech, teaching a class, or doing a presentation.

If you want to practice tongue twisters, try some with just a few words. The key to practicing is to say the same phrase a certain number of times. Try saying, "six sticky skeletons" three times in a row. Or what about saying "she sees cheese" five times?

<https://www.nationaldaycalendar.com/national-day/international-tongue-twister-day-second-sunday-in-november>



what's on







COFFEE
MORNING

Where: The Mason's Hall

When: Saturday 9th November 2024

Times: 9:30am till 11:30 am

Entry: £2.00

To Raise funds for:



All Welcome. Cake Stall and Raffle.

Please come and support us helping Poppy Scotland this Remembrance Weekend.

what's on

Gunsgreen House

Festive Afternoon Tea

14th, 5th, 11th, 12th December

12-2pm

Menu

Trio of Sandwiches -
Mature Cheddar with Redcurrant & Slow Gin Jelly
Salmon Mousse with Cucumber
Turkey, Pork, Sage Stuffing & Cranberry Sauce

Leek & Three Cheese Tart

Festive Pork Pie

Mince Pie Scone

Balloys Traybake

Snowball Sponge

Chocolate Orange Slice

Prosecco on arrival, Botolimus Tea & Coffee
Afternoon Tea prepared by Pear Box, also plans with Baskit Baskit
£10 pp

To book visit Gunsgreenhouse.org

GUNSGREEN HOUSE

INDOOR MARKETS

Support your local makers, traders, crafters and bakers
Community Atmosphere - Food and refreshments available

SUNDAY 20TH OCTOBER 10-3PM
SUNDAY 17TH NOVEMBER 10-3PM
SUNDAY 13-15TH DECEMBER 10-3PM

Gunsgreen House, Eyemouth
TD14 5SD

Follow us on various
for updates
[@gunsgreenhouse](https://www.instagram.com/gunsgreenhouse)

FREE PARKING

what's on

SPLASH SEAS THE CHANGE

HELP US WITH A LITTER PICK ALONG THE BANTRY

Meet at the Masons Hall

30th October at 10am

27th November at 10am

Enjoy a warming bowl of soup afterwards

Splash

Sea the Change

ITS NOT NOVEMBER WITHOUT ...

& we are bringing something for all!

Thursday 28th November 2024. 5-8pm

Eyemouth's Late Night Shopping



High street businesses open



Stalls @
The Hippodrome
KULT Fitness
Saltgreens Residential Home

Santa's Grotto



Tombola & Festive activities

Special Offers & Discounts

AND FOR THE FIRST TIME EVER...
Our Open air festive disco!!

in Eyemouth's Kirk's Square!

*Free Event for all children

Follow us on Facebook for further updates
eyemouth late night shopping
Or
eyemouthlatenight@gmail.com
for any queries

